

MOUNTAIN YOGA

WOMEN'S WILDERNESS RETREAT IN WYOMING *with* BEAR BASIN ADVENTURES



*Join us for an unforgettable 5 days of
adventure from our base camp in the
mountains of Wyoming's Shoshone
National Forest. Options abound. Ride
horses, fly fish, hike, relax and
rejuvenate with daily yoga & meditation.*



July 7-11, 2019
\$1,700 per guest

*Shared tent includes all meals, riding, taxes and yoga instruction.
Does not include gratuities. Group discounts available.*



BEAR BASIN
ADVENTURES

bearbasinadventures.com (307) 840-3579

Reserve your spot today!



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Dubois, WY

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"This trip exceeded my expectations. I was so grateful for slow yoga and the meditation. It was right for our setting, and helped avert the soreness of riding too."

- Liz, 2015 Participant

Your hosts, Sarah Woltman and Jaime Bedard work to ensure that you have a comfortable, enjoyable experience. Sarah, co-owner of Bear Basin Adventures, has been leading horse riding trips since 2003. Jaime, an experienced yoga instructor, is skilled in adapting the ancient practices of yoga to create ease in body and mind.

